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After Helix High graduation, I attended San Diego State College where I graduated with a degree in Home Economics. Glenn Foreman (class of 64) and I married in August of 1969, just before we left California for Creighton University Dental School in Nebraska. After four l-o-o-ong years there, we decided to settle in Scottsdale, Arizona—not too far from ‘home’.

We raised two children, Brett and Jana, and while the kids were in school, I eventually got my Real Estate Broker’s license. That was in the hey-day of 13% interest rates and seller carry-backs. Glenn’s dental practice beckoned to me for six years and then I was back in school (life-time learner here) to earn a degree in Interior Design. I opened an Interior Design business with two partners and loved every minute of it...until the Great Recession stomped on it. Funny how most of my working life revolved around the home—guess the degree in Home Economics should have been a flag.

Now I’m retired from the paying jobs and I work for free. Last year, as a gift to my kids, I wrote and published a cookbook with all of our family-favorite recipes (196 pages). That labor of love was just another learning experience, but one I thoroughly enjoyed. Today, I relish spending time with our two grandsons (5 years old & 7 months) as they are the blessings of having successfully raised our own two children.

