



Carla Cangiamila (Coachman)

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My short year and a half at Helix ranks high on my list of fond memories... After two years of college at the University of Miami, I transferred to the University of North Carolina at Chapel Hill, graduating in 1968 with a degree in French. Pursuing my dream of foreign travel, I flew for almost eleven years as an international flight attendant for Pan American World Airways. During this time I married fellow purser Julio Coachman and we started raising our two beautiful daughters. After retiring my wings in 1979, I started a second career as an instructional teacher assistant, putting my knowledge of French, Spanish, and Portuguese to good use. I continued teaching until 2011. We have lived in Hendersonville, North Carolina since 1991. I enjoy tutoring foreign speakers through the local literary council and pursuing many hobbies like Jazzercise, yoga, painting, writing, and gardening.

